

Highlights

Passion for making leadership training relatable and accessible across macro and micro-cultures.

Married with 2 adult children, 2 teens, and 1 pre-teen.

Author of the book *Equilibrium: A Biblical* Guide for the Weary to Find Rest.

Senior Consultant

Remona Antoine

Washington, DC Metropolitan Area

Remona's role as a certified leadership coach and trainer is not just a profession but a true passion. She is dedicated to fostering personal and professional growth through the study and practical application of timeless leadership methods, delivering significant benefits to her clients.

With over 15 years of service with the U.S. government, Remona brings a wealth of experience to FranklinCovey. Her successful work with leaders at every level in both U.S. and international governments—defense and civilian agencies—and the private sector, instills confidence in her ability to understand and address your unique leadership challenges.

Remona's influence spans five continents. She is known for modeling cultural empathy and listening to understand. Her global reach and impact are testament to her ability to assist your team to move in the desired direction to reach your goals.

Education & Certifications

- B.A. University of Pennsylvania, 2002
- M.A. Regent University, 2024
- Maxwell Leadership© Certified Coach, Trainer, Speaker

What learners say about Remona...

"Remona is a great leadership trainer. She's amazing, and I highly recommend her." — Ieshia B.

"Remona is phenomenal. Her attention to detail and the assistance she provides are top-notch." – Ashley M.

"Thank you so much for your leadership training Remona. Your facilitation of the content was amazing. I apply each of the lessons to my daily life." — Priscilla C.

