

Highlights

10 years as Executive Coach across a variety of levels and industries

Repeated success at aligning client personal and professional goals via strategy development and behavioral change

20 years advising alumni while in higher education (University of Michigan and University of St. Thomas)

14 years in client service and HR at PricewaterhouseCoopers

Father of 4 who enjoys wine and baseball

Executive Coach

Allan Cotrone

Minneapolis, Minnesota

Al operates by the guiding mantra "Think Clearly, Talk Clearly," embodying a pragmatic coaching style that thrives on clarity in support of his clients' leadership evolutions. This approach involves clinically pinpointing and conveying improvement challenges to his clients, laying the foundation for profound, transformative shifts. By replacing pre-existing patterns of behavior with fresh, constructive approaches, Al facilitates holistic transformations that resonate with all parties involved.

Central to Al's practice, is his adept synthesis of external observations and his clients' self-perceptions. Deftly harmonizing these perspectives. This dual – view illumination empowers clients to embrace the coexistence of diverse viewpoints, enabling them to craft positive narratives. Al's unwavering dedication is evident in his mission to reshape negative impressions into affirmative ones, fostering an atmosphere conducive to continual growth.

Al's unique blend of candid assessment and compassionate guidance highlights his resolute dedication to driving lasting and meaningful transformation for his clients. His coaching not only drives tangible results but also cultivates a resilient mindset, making him an invaluable catalyst for personal and professional evolution.

Education & Certifications

- BS Accounting and Finance, Miami University
- CPA Certified Public Accountant
- Certified in Hogan Assessment Systems

What clients say about Allan

"The approach taken with this coaching process was easy to follow. Al specifically was extremely personable and easy to work with. He made me want to share and be more transparent. He seemed to have been connected enough to the backstory to make my journey to self-awareness make sense, even in the midst of ambiguity." Executive, Energy Company

