

Highlights

Founder of private coaching practice focused on men's mental health

Led 4 teams in 4 different organizations and industries

Community ambassador for redefining healthy masculinity and cancer patient care

2- time testicular cancer survivor and past cancer caregiver

Devoted husband, father of 2 boys, 2 dogs, and 4 fish (for now)

Senior Consultant and Executive Coach

Chris Ho

Vancouver, British Columbia

Chris is passionate about helping people become leaders in their own lives both professionally and personally. As a previous leader, he has seen firsthand the challenges and opportunities leaders face in leading, mentoring and coaching a team to deliver results while balancing the needs of an inclusive, empathetic, heart-centered culture. His passion for helping those live an intentional, passion full life has brought him to the world of coaching and consulting at FranklinCovey. Chris brings over 18 years of sales and leadership experience working in industries such as finance, media, and technology.

Prior to consulting, Chris was a Client Partner with FranklinCovey for 5 years, bringing extensive experience in understanding the needs of various clients across large enterprise, Crown, public and mid-small organizations. He uses this knowledge and experience as part of his facilitation and conversations with clients sharing best practices alongside FranklinCovey content.

Education & Certifications

- B.B.A. Finance & Marketing Simon Fraser University
- Certificate of Organizational Coaching (COC)
- Accredited Certified Coach (ACC) International Coaching Federation

What learners say about Chris...

"Chris helped me self-discover what was most important to me. It brought a lot of clarity and what's possible."

"Chris is great at fostering an easy going, open environment for sharing while asking great questions at key times to help keep discussions on point as it related to my goals for each session."

"Having Chris as a coach has been amazing. He was an amazing listener. Chris gave good advice on how to manage certain parts of my life by first giving me the space for self-realization through reflection."

