



Executive Coach

# Helle Hegelund

Los Angeles, California

Helle is passionate about helping leaders and teams in finding and cultivating their strengths and developing areas of competencies that can support them in reaching their goals. The energy, curiosity, insight, and style she brings to the clients enable them to fully engage in the coaching conversation to become more aware of their current approach and to identify new competencies and strategies for growing their skills to become more successful and satisfied. Building a structure around a development plan with desired outcomes is a crucial part of a successful coaching program.

Helle brings more than 20 years of international experience working with leadership development and executive coaching. Before becoming a full-time executive coach Helle was heading up the Leadership Academy at a global engineering, architecture and consultancy company based in Europe.

## Education & Certifications

- BA in intercultural Communication, Copenhagen Business School
- Certified Integral Coach, New Ventures West Coaching (an accredited Coach Training Program through the international Coaching Federation)
- Certified in formal assessment tools including Emotional Intelligence (EQi) and EQ 360 feedback, Hogan Suite of Assessments and MBTI

## What clients say about Helle

*“My work with Helle has been very inspirational and allowed me to make significant strides in my ability to communicate more effectively within my organization. She has helped me to focus in on key areas by gaining insights from my team, supervisor, and key colleagues and by coaching me to see new perspectives. My ability to communicate more effectively has allowed me to develop stronger levels of trust within the organization and given me additional tools to handle difficult situations. My experience with Helle has led me to drive for expanding her engagement with the organization.”*

*VP of Tech Firm*

## Highlights

20+ years of leadership development experience as a coach and Facilitator

Professional Certified Coach (PCC) with the International Coaching Federation

Former Head of Leadership Academy

Served as Board member and Training Director at International Coach Federation (ICF) chapter in Colorado

Enjoys painting and reading and playing competitive tennis when not working