



Executive Coach

Henry Lescault, PCC

Fort Myers, Florida

Henry has over 15 years of experience coaching a variety of clients, in both the public and private sectors, at all organizational levels (C-Suite, Senior Leadership, First Line Leaders and Staff Level employees). Henry has never fallen short of helping his clients achieve results, and as an experienced leader and coach, has worked effectively with executives and clients from assorted public and private companies, the Federal Government, Law Enforcement, and the United States Armed Forces.

Henry blends a variety of coaching styles (Holistic, Transformational, Developmental etc.) into his repertoire, to effectively match the needs of his clients. With the conviction that all people are whole, capable individuals, and that true change comes from within, Henry helps his coaching clients transform who they are from the inside out (Attitudes, Expectations, Beliefs, Self-Awareness). His goal is to help his clients achieve inward transformation, ultimately leading to outward behavioral change.

Henry's empathic and caring approach toward coaching, ensures an atmosphere of trust and safety for his clients, all while fostering a dynamic and productive relationship based on achieving the results necessary for them to meet and exceed their objectives.

Education & Certifications

- B.S in Sociology - Human Behavior Concentration
- M.S in Executive Coaching
- Leadership Coaching Certification - Georgetown University
- Certified in formal assessment tools including Myers Briggs, Hogan Suite of Assessments, EQ-i 2.0 and FIRO-B Personality Assessment

What clients say about Henry

"I am very impressed with the coaching I received from Mr. Lescault. He consistently provided thoughtful, actionable, and effective coaching strategies to address the challenges I face and helped me move toward the goals I've set. While I do a lot of reading about how to be a better leader, Mr. Lescault's coaching helped me come up with alternative ways to think about and process situations and challenges I was facing in my day-to-day leadership. His coaching was....priceless." Attorney, US Department of Energy

"Feedback I was given resonated deeply. The skills that were given to me to work on have helped me greatly. I continue to refer to the cards and notes taken throughout the process. The process helped me better understand the perception vs intent which is a critical part of being a better leader." VP, Manufacturing Company

Highlights

Over 15 years of leadership experience (First Line, Mid-Level, Upper-Level) leading a diverse variety of teams

Over 15 years as a professionally certified Leadership, Executive and Peak Performance Coach

Professional Certified Coach (PCC) with the International Coaching Federation

United States Coast Guard Veteran, and Certified Firearms/Defense Tactics/Refuse to be a Victim Seminar Instructor

Author of Present with Power, Punch, and Pizazz; a book about Executive Presence and Effective Communication